2013 YEAR BOOK

Blue Mountains Football Club Inc.

Knapsack Park, Glenbrook



... over 45 years of local football ...

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Important Dates & Information

mid-February: 6–7 April: 7 September:

Team musters and gradings First weekend of games AGM & Juniors Presentation Day

16–17 & 23–24 March: 24–25 August: 14 September:

Trial matches (tbc). Finals weekend Seniors Presentation Day

2013 Board & Committee Members

| Position(s) | Name | Contact Details |
|---|-------------------|------------------------------------|
| Board Members: | | |
| President | David Smith | 0401 064 818 |
| Vice President / Competition Secretary | Gordon Aiken | 0417 497 174 |
| Secretary | Sandy Duetoft | 0414 207 051 |
| Treasurer | Len Bowman | 0417 652 677 |
| Senior Team Representative | Barry Summers | 0417 201 260 |
| Committee Members: | | |
| Registrar | Richard Giles | 0439 135 210 registrar@bmfc.com.au |
| Safety Officer | Bev Glasheen | contact@bmfc.com.au |
| Member Protection Information Officer | Vacant | contact@bmfc.com.au |
| Coaching Coordinator | Dave Gordon | contact@bmfc.com.au |
| SSF Coordinator | Adam Kemble | contact@bmfc.com.au |
| Equipment Officer / Women's Coordinator | Margaret Semeniuk | contact@bmfc.com.au |
| Canteen Officer | Sue Watson | contact@bmfc.com.au |
| Roster Officer | Vacant | |
| Fields & Maintenance Officer | Vacant | |
| Publicity & Promotions Officer | Vacant | |
| Committee Members: | Vacant | |
| | Vacant | |

Other Contact Information

Fields & Clubhouse

Knapsack Park cnr Barnet & Levy Streets Glenbrook NSW 2773 **Postal Address**

PO Box 235 Glenbrook NSW 2773 **Contact Details**

tel: 4739 5121
e-mail: contact@bmfc.com.au
website: www.bmfc.com.au

Introduction

Blue Mountains Football Club can proudly claim to be the first junior football club established in the district. Its colours of sky blue and white are reminiscent of the founders' admiration of the UK team, Manchester City. The Club plays in the competition managed by the Nepean District Soccer Football Association (NDSFA), which covers nearly 1,100 teams and 12,000 players.

We are a voluntary sporting association that relies totally on the efforts and skills of our members. Please bear in mind that "the Club" is the sum of its Members. We can only continue to prosper with the support of players and their families. Part of the responsibility of belonging to a volunteer organization such as BMFC is the need for all parents and senior players to undertake duties to ensure the smooth running of the Club. Parents and players can support the club by:

- · Attending the games
- · Coaching or managing a team
- · Helping the coach at training or games
- · Helping when it is your team's turn for canteen duty
- · Assist with putting the nets/goals up when rostered to do so
- · Assist with canteen duty when rostered to do so
- · Attend working bees to improve the amenity of Knapsack Park
- Serve on the committee or volunteer to assist committee members with specific tasks throughout the year
- · Act as Duty Officer for a couple of hours on a Saturday or Sunday—you get to watch a good game of football or two.

If you have any concerns or issues with the running of the Club or have any suggestions for improvements, contact a committee member (preferably in writing) so that it can be discussed at a committee meeting and action taken. General inquiries may also be made via the "Contact Us" page on the Club's website.

We hope you have an enjoyable season of football with Blue Mountains Football Club.

The 2013 Board & Committee

Help is Always Appreciated!

Ever wondered what goes on in the background to keep the Club running smoothly?

The Committee always appreciates the assistance of Club members in helping with the day-to-day tasks that ensure the Club is an enjoyable place to play football for all.

If you are able to give some of your time please contact the club via our website www.bmfc.com.au or call the President on the number listed earlier. You will be provided with clear and concise instructions for a task that needs completing.

If everyone does their best to assist the club by donating a small amount of their time and skills we will continue to prosper.

2013 BMFC Calendar

| Day | Date | Event |
|-------------------|-------------------------|--------------------------------------|
| Thursday | 14 March | Coaches & Managers Meeting |
| Saturday / Sunday | 16-17 March | Trial Games No. 1 (tbc) |
| Saturday / Sunday | 23-24 March | Trial Games No. 2 (tbc) |
| Friday - Monday | 29 March - 1 April | Good Friday / Easter / Easter Monday |
| Saturday / Sunday | 6-7 April | Round 1 |
| Saturday / Sunday | 13-14 April | Round 2 |
| Saturday / Sunday | 20-21 April | School Holidays |
| Saturday / Sunday | 27-28 April | Round 3 |
| Saturday / Sunday | 4-5 May | Round 4 |
| Saturday / Sunday | 11-12 May | Round 5 |
| Saturday / Sunday | 18-19 May | Round 6 |
| Saturday / Sunday | 25-26 May | Round 7 |
| Saturday / Sunday | 1-2 June | Round 8 |
| Saturday / Sunday | 8-9 June | Round 9 |
| Monday | 10 June | Queen's Birthday – Spare |
| Saturday / Sunday | 15-16 June | Round 10 |
| Saturday / Sunday | 22-23 June | Round 11 |
| Saturday / Sunday | 29-30 June | Round 12 |
| Sunday | 30 June | Ladies Day (tbc) |
| Saturday | 6-7 July | Spare / Round 13 |
| Saturday / Sunday | 13-14 July | Round 13/14 |
| Saturday / Sunday | 20-21 July | Round 14/15 |
| Saturday / Sunday | 27-28 July | Semi-Finals Round 1 / Round 16 |
| Saturday / Sunday | 3-4 August | Semi-Finals Round 2 / Round 17 |
| Saturday / Sunday | 10-11 August | Semi-Finals Round 3 / Round 18 |
| Saturday / Sunday | 17-18 August | Pennant Finals / Semi-Finals |
| Saturday / Sunday | 24-25 August | Finals |
| Saturday / Sunday | 31 August - 1 September | Finals Standby weekend |
| Saturday | 7 September | AGM & Juniors Presentation Day |
| Saturday | 14 September | Seniors Presentation Day |

2012 Achievements & Awards

| Team Achievements | |
|--------------------------|--|
| AA.7 | League Competition Winners, Grand Final Runners Up |
| 035.3 | League Competition Runners Up, Grand Final Winners |
| Prems-1, 035.4 | League Competition Winners |
| AAL.4 | League Competition Runners Up |
| 13.2 | Grand Final Winners |

| Special Awards | | | |
|------------------------------------|---|--|--|
| Life Members | Long-standing, dedicated and exceptional service to the Club | - | |
| Brodie Cavanough Memorial Award | Best & Fairest U8 Goalie | Shane Hunt (8.Alligators) | |
| Robbie Madden Award | Highest Division / Age competition winner | Prems-1 | |
| John Costello Award | Most Improved team performance throughout the year | 11.2 | |
| Tony Millington Award | Recognition of a team's commitment to battle on | 10.6 | |
| Dedication Award | For dedication by the team to playing and training of the game | 14.2 | |
| Margaret Wagner Award | Senior Best & Fairest | Sarah Emmanuel (AAL.4) | |
| Club Person Award | Awarded in recognition of the dedication, time and effort put in by an individual to assist the club. | David Smith | |
| 20 Year Awards | For players who have played for the club for 20 years | Tim Hayman Mark Semeniuk | |
| 10 Year Awards | For players who have played for the club for 10 years | Joel Carson Reece Frankham Glen McCaffery Craig Neill Scott Richards | |

2012 Competition Results

| Team | Position | Played | Won | Drew | Lost | Goals For | Goals Against | Goal Diff. | Points |
|---------|----------|--------|-----|------|------|--------------|------------------|---------------|--------|
| 11.2 | 5 | 14 | 4 | 2 | 6 | 22 | 34 | -12 | 14 |
| 12.5 | 6 | 14 | 3 | 4 | 5 | 15 | 15 | 0 | 13 |
| 13.2 | 3 | 14 | 5 | 5 | 2 | 32 | 18 | 14 | 20 |
| 14.2 | 5 | 14 | 4 | 6 | 4 | 16 | 18 | -2 | 18 |
| 16G.2 | 7 | 18 | 3 | 4 | 9 | 18 | 36 | -18 | 13 |
| 18.1 | 6 | 14 | 3 | 2 | 9 | 19 | 38 | -19 | 11 |
| 18.2 | 4 | 18 | 9 | 4 | 5 | 64 | 46 | 18 | 31 |
| AAL.4 | 2 | 14 | 9 | 3 | 2 | 44 | 17 | 27 | 30 |
| AA.5 | 6 | 14 | 5 | 4 | 5 | 22 | 20 | 2 | 19 |
| AA.7 | 1 | 14 | 10 | 4 | 0 | 48 | 13 | 35 | 34 |
| AA.9 | 6 | 14 | 3 | 8 | 3 | 19 | 23 | -4 | 17 |
| 035.3 | 2 | 14 | 8 | 4 | 2 | 26 | 17 | 9 | 28 |
| 035.4 | 1 | 15 | 7 | 4 | 1 | 34 | 13 | 21 | 25 |
| Prems-1 | 1 | 14 | 9 | 4 | 1 | 31 | 16 | 15 | 31 |
| Prems-R | 3 | 14 | 8 | 2 | 4 | 39 | 32 | 7 | 26 |

Additional 2012 Team Information

Total number of registered players: 464

Number of non-competition teams: $6 \times U5s$

Total number of teams:

 $5 \times U6s$

46

8 × U7s

4 × U8s

 $5 \times U9s$

 $3 \times U10s$

History of the Blue Mountains Football Club

The Blue Mountains Soccer Club (BMSC) was formed in 1965. The 1st Annual General Meeting was held 12 November 1965. In 1966 the club had 4 teams playing in the Nepean Competition – Under 8, Under 13, Under 15 and All Age team. All games were being played on Glenbrook Oval, which the club shared with Glenbrook Baptist Soccer Club. By 1968 the club had 12 teams. During this time consideration was given to merging with the Baptist Soccer Club and to change the name of the club so as to include more sports.

It was proposed in 1970 that the BMSC become a Limited Liability Company with seven directors in order for the club to progress. This proposal was passed at a Special General Meeting held on 13 July 1970 with the club becoming Blue Mountains Soccer Club Ltd on 24 November 1970. The first Annual General Meeting of BMSC Ltd was held 29 September 1971. During 1971 the lease of Knapsack Park commenced with the Blue Mountains City Council (BMCC). On 15 February 1974 the lease for Knapsack Park was signed for 20 years.

The Robbie Madden Trophy was first presented for the highest placed, highest age competition winner in 1972. In 1974 the Ladies Auxiliary was formed to assist with fund raising and the running of the canteen. The Auxiliary ran until 1995 when it ceased due to lack of support. The tractor was purchased in 1974 for \$500 and sold for \$500 in 2003.

In 1976 John Costello passed away and the John Costello trophy was first presented in 1984 for the Most Improved Team. The first earthworks for Knapsack Park were started in 1976.

In 1979 the old club house at Leonay Country Club was moved to Knapsack Park to become the BMSC club house at a cost \$6,000. By this stage the club had grown to 20 teams plus one ladies team. In 1980 the Most Improved and Dedication Trophies were presented, along with the Robbie Madden Trophy.

Tony Millington passed away in 1982. Tony was one of the clubs longest serving directors, 12 years from 1970 to 1981. The Tony Millington Shield for the Battlers Award was first presented in 1983.

In 1983 the amenities block was constructed at a cost of \$1000. In 1985 cricket was first played at Knapsack Park.

In 1986 the Club Person Award was introduced to recognize the contribution made by a non-committee member to the Club. The first recipient was Ian Wykes.

In 1991 the Club received a \$9,000 grant from BMCC to upgrade the fencing around the fields. The 10 years Awards were also instigated. By 1992 the Club had 30 teams, 26 Junior teams and 4 Senior teams, with 366 players. In 1993 negotiations on renewal of the lease of Knapsack Park began with BMCC.

In 1997 the U15.1 team, having won their competition, was invited to play in the South Pacific Junior Soccer Championships in Fiji. In 1998 the U16.1 team, again winning their competition, went to Vanuatu to play in the South Pacific Soccer Challenge. In 1998 the field lights were upgraded at a cost of \$12,500. The Club paid for half the cost, with the rest of the money coming from a Department of Sport and Recreation grant.

In 2000 the club had 382 players in 28 teams. This grew in 2001 to 421 players in 31 teams, including 51 female players in 3 teams. On 10 September 2000 the 30th AGM was held. At an Extraordinary Meeting held on 9 August 2001 a resolution was passed to register the club under the NSW Associations Incorporation Act, and adopt the Model Rules for Incorporated Associations (with changes), according to the Associations Incorporation Regulation. A copy of the rules is available on the Clubs web site. The name of the Club was changed to Blue Mountains Soccer Club Inc.

In 2002 the Club's first twenty year award was presented to Michael Curry. After 10 years of negotiations with the BMCC the Club decided in 2003 to no longer pursue a lease for the use of Knapsack Park. The Club came to an agreement whereby Council would take over the maintenance of the fields, with the Club "booking" the fields during the soccer season. This resulted in the freeing up of considerable funds, which can be put back into the purchasing of additional equipment for players and teams. It also meant that the upgrading of the fields and car parking became the responsibility of Blue Mountains City Council.

2004 saw the return to a single Premier League 1st Division team. The combined team finished Competition and Top 4 Runner Up's. Strict water restrictions were enforced across Sydney for the full season hampering field maintenance.

In 2009 we changed our name to the Blue Mountains Football Club Inc (BMFC).

Please visit www.bmfc.com.au for additional Club history.

BMFC Codes of Behaviour

Players

- Play by the rules.
- Never argue with a referee or assistant referee. If you disagree, have your captain, coach or manager approach the official on your behalf.
- Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in football.
- · Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
- Be a good sport; recognize all good plays whether they are part of your team or the opposition.
- Treat all participants in football as you like to be treated. Do not bully or take unfair advantage of other competitors.
- · Cooperate with your coach, team mates and opponents. Without them there would be no game.
- · Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Coaches

- · Remember that junior players participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at junior players for making a mistake or not winning.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- · Operate within the rules and spirit of the game and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All junior players are deserving of equal attention and opportunities.
- · Avoid overplaying the talented players; the just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- · Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young players.
- Any physical contact with a junior player should be appropriate to the situation and necessary for the player's development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Parents

- Remember that children participate in sport for their enjoyment.
- Encourage children to participate, do not force them.
- · Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best by example. Appreciate good performances and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from all of football's activities.
- · Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

BMFC Codes of Behaviour

If you have an issue or are concerned about how your son or daughter is being treated:

- Discuss the issue with the responsible Coach or Manager. It is strongly recommended that you do not
 attempt to do this before or after a match or prior to training. At these times the Coach and or Manager
 are likely to be extremely busy and probably unable to give your issue the attention it needs. Make an
 arrangement to talk to them at some other mutually agreeable time.
- If you are not able to deal directly with the Coach or Manager or are dissatisfied with the outcome, your next option is to discuss the issue with the BMFC Coaching Coordinator (see list of Club Committee members).
- If the Coaching Coordinator is unavailable, make a written complaint to the BMFC Secretary who will bring the matter to the attention of the full Committee at the next scheduled Meeting.

Spectators

- · Remember that young people participate for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- Respect the decisions of officials and teach junior players to do the same.
- · Never ridicule or scold a player for making a mistake. Positive comments are motivational.
- · Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.
- · Show respect for your team's opponents. Without them there would be no game.
- Encourage players to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass players, coaches or officials.
- · Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Committee

- Provide opportunity for involvement of young players in planning, leadership, evaluation and decision making related to their activity.
- Give all young players equal opportunities to participate.
- · Create pathways for young players to participate in football not just as a player but also as a coach, referee, administrator, etc.
- Ensure that rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of young players.
- Provide quality supervision and instruction for junior players.
- Remember that young players participate for their enjoyment and benefit. Do not over emphasize awards.
- Help coaches and officials highlight appropriate behaviour and skill development, and help to improve the standards of coaching and officiating.
- Ensure that everyone involved in junior sport emphasizes fair play, and not winning at all costs.
- Give a code of Fair Play sheet to spectators, officials, parents, coaches, players and the media and encourage them to follow it.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Support implementation of Football Australia's National Junior Development Policy.
- · Make it clear that abusing young players in any way is unacceptable and will result in disciplinary action.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

BMFC Policies & Procedures

For a copy of the most current version of BMFC's policies, go to:

www.bmfc.com.au || About || Policies:

(http://www.bmfc.com.au/index.php?option=content&task=section&id=6&Itemid=49)

Policies/Procedure cover the following areas:

- · Codes of Behaviour
- Child Protection
- Registration
- Junior Player Gradings (U10s U18s)
- Junior Player Team Selection (U5s U9s)
- Discipline & Fines
- Use of Club Name
- Sponsorship
- Hot Weather

Nepean By-Laws

For a copy of the most current version of the NDSFA By-laws, go to:

www.nepeansoccer.com.au || Library || Rules & By-laws || NDSFA By-laws

http://nepeansoccer.com.au/index.php?option=com_content&view=article&id=208:2008-ndsfa-by-laws&catid=20&Itemid=60

It covers information pertaining to the following, amongst other matters:

Section 11: Disciplinary Committee

- abandoned games
- · acts of violence
- brawling
- bringing the game into disrepute
- improper or contrary conduct
- abuse, assault or harassment (directly or indirectly) against any match official, before, during, or after a match
- · field invasion

Section 22: Miscellaneous

consumption of Alcoholic Liquor at grounds

Frequently Asked Questions

What do I do if I think any player or young person is not getting a fair go in a team?

Discuss the issue with the responsible Coach or Manager.

Note: It is strongly recommended that you do not attempt to do this before or after a match or prior to training. At these times the Coach and or Manager are likely to be extremely busy and probably unable to give your issue the attention it needs. Make an arrangement to talk to them at some other mutually agreeable time.

If you are not able to deal directly with the coach or Manager or are dissatisfied with the outcome, your next option is to discuss the issue with the Coaching Coordinator.

If the response you get from the Coaching Coordinator is unsatisfactory, make a written complaint to the BMFC Secretary who will bring the matter to the attention of the full Committee at the next scheduled Meeting.

What happens if someone gets injured, in terms of insurance cover?

Should a member of the Club suffer injuries or have an accident whilst carrying out their function as a member of the Club (e.g. playing, training, coaching, managing, carrying out volunteer duties), a "Football Sporting Accident Claim" form should be completed. Claimants must be registered in one of the following categories: Committee Member/Official, Coach, Manager or Player.

Please refer to the Football NSW "ACCIDENT SUPPORT PROGRAM" on:

www.footballnsw.com.au || Resources || Insurance || Accident Support Program.

Leaflet - http://www.fnswinsurance.com.au/wp-content/uploads/Football-NSW-Acc-Support-2012.pdf)

Claim Form - http://www.fnswinsurance.com.au/wp-content/uploads/FNSW Claim-form Personal-accident.pdf

What happens to when there are changes to games?

Games can be changed for a number of reasons, including forfeits, team and field availability, fixture errors, or wet weather (see below).

The NDSFA Competition Secretary will advise of any changes to the fixtures the Club Competition Secretary.

For changes up to made to the following weeks games, the fixtures page on the Clubs web site will be updated www.bmfc.com.au.

For changes made to the weekend games before Friday, the fixtures page on the clubs web site will be updated and an email will be sent to the coach and manager advising them of the change.

For changes made to the weekend games on or after Friday, the fixtures page of the clubs web site will be updated as soon as possible and the team manager or coach will be phone to advise them of the change. If possible an email will be sent to confirm the change. If the team has not been advised that their game has changed then they should assume that it is to be played as per the fixture on the clubs web site.

If all games have been postponed due to wet weather the Club will update the web site and place a message on the Clubs phone (4739 5121).

What happens to games when there's wet weather?

Games can be called off due to wet weather in the following ways:

- The NDSFA Operations Manager will call **all** games off if all Councils in the NDSFA area close their grounds.
- The NDSFA Operations Manager will call games off scheduled to take place on grounds closed by individual Councils in the NDSFA area. In these circumstances, the Club's Competition Secretary will advise the affected BMFC team managers of the cancellation. These team managers will then advise their team members.

Frequently Asked Questions

· Individual clubs will close their grounds. In these circumstances, either the other Club Competition Secretary or the NDSFA Operations Manager will advise the BMFC Competition Secretary, who will advise the affected BMFC teams.

Note – these cancellations can occur 'at the last minute'. There have been occasions where teams have travelled to games only to find that the grounds have been closed. Every effort is made to avoid this, but it does happen.

• If a referee closes a ground, no games can be played on that field for the rest of the day.

When ground closures occur prior to a weekend, available information will be posted to the Club's website. If Knapsack Park has been closed due to wet weather, details will also be posted to the Club's website.

On most occasions, a message will be put on the Club's phone (4739 5121) and website www.bmfc.com.au, giving the details on washed-out rounds and ground closures, including Knapsack Park, due to wet weather.

If the NDSFA or another Club cancels a game on the weekend, the BMFC Competition Secretary will advise team manager, who in turn will advise the parents/players in their team. It is strongly recommended that each team makes specific arrangements for general matters like these at the start of the season.

No training is allowed when Knapsack Park is closed and teams are not permitted to train on other ovals in the area due to Insurance reasons.

During the week the Club may close the ground for training to protect the fields from excessive damage. The decision to close the fields will be made by a member of the Club's Board in consultation with the Blue Mountains City Council. When the fields are closed, the lights will be turned off at the power board. The Club will also put a message on the Club's phone (4739 5121) and website www.bmfc.com.au.

Field Locations

Visit the BMFC website $\underline{\mathbf{www.bmfc.com.au}}$ for Google maps of field locations.

| Club | Name of Ground | Address | Suburb | |
|------------------------|-----------------------------|------------------------------|-----------------|--|
| Blaxland | St Johns Oval | St Johns Road | Blaxland | |
| Bligh Park | Berger Road Reserve | Berger Road | South Windsor | |
| Blue Mountains | Knapsack Park | cnr Barnet & Levy Streets | Glenbrook | |
| Blue Mountains Grammar | Grammar School | Matcham Avenue | Wentworth Falls | |
| Colo | Cougar Park | Inalls Lane | Richmond | |
| Colo | McMahons Park | McMahons Park Road | Kurrajong | |
| Cranebrook | Andromeda Fields | Andromeda Drive | Cranebrook | |
| Emu Plains | Hunter Field | Nepean Street | Emu Plains | |
| Glenmore Park | Blue Hills Oval | Westerly Way | Glenmore Park | |
| Glenmore Park | Ched Towns Reserve | Town Terrace/Luttrell Street | Glenmore Park | |
| Glossodia | Woodbury Reserve | Spinks Road | Glossodia | |
| Hazelbrook | Gloria Park | Lester Street | Hazelbrook | |
| Hazelbrook | Lawson Oval | Ferris Lane | Lawson | |
| Henry Lawson | Parkes Avenue Sport Complex | Parkes Avenue | Werrington | |
| Jamisontown | Eileen Cammack Reserve | cnr Trent & Evan Streets | Penrith | |
| Joeys Soccer | Parker Street Reserve | King Street | Penrith | |
| Lowland Wanderers | Bensons Lane Sport Complex | Bensons Lane | Richmond | |
| Mulgoa | Gow Park | Littlefields Road | Mulgoa | |
| Penrith | Jamison Park | cnr York & Jamison Road | Penrith | |
| Penrith Rovers | Harold Corr Reserve | Herbert Street | Cambridge Park | |
| Penrith RSL | Jamison Park | cnr York & Jamison Roads | Penrith | |
| Pitt Town | Oakville Reserve | Oakville Road | Oakville | |
| Pitt Town | Pitt Town Sports Club Oval | Old Pitt Town Road | Pitt Town | |
| Richmond | Icely Park | Dight Street | Richmond | |
| Springwood | Summerhayes Park | Hawkesbury Road | Winmalee | |
| St Clair | Mark Leece Oval | Endeavour Avenue | St Clair | |
| St Marys | Potter Field | Shepherd Street | St Marys | |
| St Marys Band Club | Colyton Park | Roper Road | Colyton | |
| St Marys Convent | South Creek Park | The Kingsway | St Marys | |
| St Pauls Grammar | | | Cranebrook | |
| Warradale | Waterboard Oval | Production Avenue | Warragamba Dam | |
| Wentworth Falls | Pitt Park | Matchem Avenue | Wentworth Falls | |
| Werrington | Luddenham Oval | 229 Luddenham Road | Luddenham | |
| Wilberforce | Woodlands Park | Woodlands Road | Wilberforce | |
| Wollemi | Wollemi College | Gipps Street | Werrington | |